

December 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
MENU IS SUBJECT TO CHANGE BREAKFAST IS SERVED WITH JUICE AND MILK LUNCH IS SERVED WITH MILK		1 Breakfast Pizza Pizza Quesadilla Tomato Salsa Tortilla Chips Tossed Salad/Ranch Diced Pears	2 Sausage, Egg & Cheese Bar WG Toast Cheese Omelet Hashbrown WG Muffin Juice	3 Mini Waffles Macaroni & Cheese Baby Carrots Applesauce	4 Cherry/Apple Frudel Yogurt Cheese Bites Marinara Sauce Fresh Broccoli/Ranch Apple Slices	5
	6	7 WG Cereal Fruit BBQ Pork Rib/WG Bun Baby Carrots/Ranch Diced Peaches	8 Bacon & Egg Pizza Crisпитos Tortilla Chips Tomato Salsa Corn Pineapple	9 WG Muffin Yogurt Tator Tot Casserole Dinner Roll Mixed Fruit	10 Pancake w/Sausage on a Stick Hamburger/WG Bun Grape Tomatoes Diced Pears	11 Bagel w/Cream Cheese Yogurt Mozzarella Cheese Sticks Marinara Sauce Tossed Salad Apple Slices
13	14 WG Cereal Fruit Italian Chicken/WG Bun Cucumber Slices Diced Pears	15 Mini Pancakes Cheesy Chicken Burrito Fresh Broccoli/Ranch Mandarin Oranges	16 Cheese Omelet WG Toast/Fruit Corn Dog Baby Carrots/Ranch Diced Peaches	17 Breakfast Wrap Breaded Pork Sandwich Corn Applesauce	18 WG Muffin Yogurt Pepperoni Pizza Garden Salad/Ranch Banana	19
20	21 WG Cereal Fruit Chicken Patty/WG Bun Fresh Broccoli/Ranch Applesauce	22 Mini French Toast Nachos Tortilla Chips Cheese Dip Tomato Salsa Baby Carrots/Ranch Pineapple	23 No School	24 No School	25 No School	26
27	28 No School	29 No School	30 No School	31 No School		
Application for Free/Reduced Meals is available www.unitedcomets.org or in the district office						**This Institution is an Equal Opportunity Provider**

Please Note: All meals include milk, fruit, vegetable, grain, and meat/meat alternate. Milk choice includes choice of non-fat (flavored or unflavored) or 1% (unflavored) milk. Reduced fat dressing is served with salads and fresh vegetables. All grain items are Whole Grain Rich