



Boone Basketball Club Boys Summer Hoops 2025

Note: All grades listed are for the incoming grade. Example: 7th grade is for an INCOMING 7th grader

Website to register for any opportunity below online at: www.therestofitmatters.com

Or can mail completed form below and payment payable to:

Boone Basketball Club

689 P Ave, Boone, IA 50036

**** COMPLETE ONE FORM PER CHILD ****

T-Shirt Size (circle one if applicable): YS YM YL YXL - AS AM AL AXL

Incoming Grade Level (circle one): 2nd 3rd 4th 5th 6th 7th 8th 9th 10th 11th 12th

Participant's Name _____

Address _____

Parent/Legal Guardian's Name _____

Phone _____

Email _____

Activities Registering for:

☐ 3v3 Skills + Fast break league Package - 5th-8th grade (\$130)

☐ 3 vs 3 Skills Academy 5th-8th grade (Individual Cost: \$65)

☐ Fast Break League 5th-8th grade (Individual Cost: \$65)

☐ Youth & Middle School Basketball Camp

• 3rd – 5th Grade (Cost: \$25)

• 6th – 8th Grade (Cost: \$50)

☐ Midwest Elite Basketball Camp – 7th-12th Grade (Cost \$60)

☐ Alex Sturtz 2nd Annual Basketball Camp – 3rd-12th grade (Cost \$80)



I am aware that participation in the Boone Basketball Club has some inherent risks and injury can occur. I hereby authorize the directors and coaches of the Boone Basketball Club to act for me according to their best judgement in any emergency requiring medical attention to my son/daughter. I waive and release the Boone Basketball Club, its coaches, volunteers, Boone Community Schools, and Boone Community School District from any and all claims for personal injury. I will be responsible for any medical or other charges in connection with his/her involvement in the program. I hereby expressly permit said minor child to travel by private automobile with Boone Basketball Club staff or coaches, to activities and events related to the basketball program. I hereby give consent to allow photographs of said minor. I understand that pictures of said minor may be used by Boone Basketball Club for promotion and advertisement. I attest I am eighteen years or older and that my child is physically fit and has no known medical conditions which prohibit participation in this sport. I have read this waiver and agree to the contents.

Parent/Guardian Signature _____

Date: _____

Emergency Contact Name and Phone #: _____



3 v 3 SKILLS ACADEMY:

- Incoming 5th-8th Grade Boys:
- Cost: \$65
- Monday's in June and July. Dates are June 9th, 16th, 23rd & 30th. July 7th and 14th.
- Time: 11:15-1:15 Mondays in June and July
- Location: TBA
- Daily Contest, Team and Individual Awards
- T-Shirt for any player who signs up for **both the 3 v3 Skills Academy AND the Fast Break League**

3 v 3 SKILLS ACADEMY is a fun fast paced way to play basketball and also work on valuable basketball skills. We believe the 3 x 3 model is the best to develop a player's basketball skills and maximize their growth.

Benefits of 3 v 3: (1) Players have the ball more and get more touches (2) There is more space to play (3) Simplifies the game, enhancing learning and development (4) Easier to learn and play different positions (5) More repetitions of offensive and defensive situations (6) More playing time for each player (7) More decision making opportunities (8) Increase engagement and activity of all players The players will play 3 v 3 FIBA style games. This is a fun and fast paced way to play 3 v 3. The players will play 10 min games with no break after scoring, no qtrs and no halftime. The first to 21 wins or the team with the high score at the end of 10 minutes will be the winner. There will be very little stoppage and play and the players will get alot of basketball skill work in as well. The players will be put on different teams each week and will be awarded points for each win that they get. At the end we will have a 3 v 3 tournament and champions for each age division. Note: the 5th-8th 3 v 3 Skills Academy will follow the strength and agility camp every Monday.



Fast Break League:

- Incoming 5th-8th Grade Boys
- Cost: \$65
- Tuesdays in June and July. Dates are June 10th, 17th, 24th. July 1st, 8th, 15th ● Times: 11:15-1:15 Tuesdays in June and July
- Location: TBA
- Daily Contest, Awards
- T-Shirt for any player who signs up for **both the 3 v3 Skills Academy AND the Fast Break League**

The boys will have the chance to work playing fast and in transition. They will work on understanding the importance of spacing and playing in transition. Traditional 5-on-5 games at this level can become stagnant. We fix that by incorporating 3-on-2, 4-on-3, 5 v 4 and 5 v 5 transition game concepts that create an offensive advantage for players to improve their overall game. We will use a unique European model emphasizing 3-on-2, 4 v 3, 5 v 5 and 5 v 5 fast break scenarios, ensuring players have more opportunities to handle, pass and shoot the ball while making basketball game decisions. At lower youth levels, traditional 5-on-5 games can inhibit learning true fundamentals. Our league structure ensures players develop essential skills in a supportive environment. Every player gets playing time, ensuring everyone has the chance to improve and enjoy the game. This game format provides an opportunity to play a consistent amount of time to build overall experience.

This style also keeps the game competitive while allowing the offense to have the advantage, making it easier for players to pass the ball, shoot and make basketball decisions. This transition game will be competitive while allowing the offense to have the advantage, making it easier for the players to build their overall self-confidence.

Youth & Middle School Basketball Camp: 3rd-5th and 6th-8th The Boone Boys Basketball Camp is for players 3rd-8th grade. It provides a great opportunity for players to improve their game. The daily format includes fundamental instruction, clinics, competitions and team games. It also provides an opportunity for players in the program to build relationships with other players in the program. We will divide the grades up as follows

3rd-5th Camp

- Incoming 3rd-5th Grade Boys
- Cost: \$25
- June 26th-27th
- 11:30-12:45 pm
- Location: TBA
- T-Shirt for every camper
- Daily Contest, Awards



6th-8th Camp

- Incoming 6th-8th Grade Boys
- Cost: \$50
- June 26th-27th
- 1-4 pm
- Location: TBA
- T-Shirt for every camper
- Daily Contest, Awards

Midwest Elite Basketball (MEB) Basketball Camp

- Incoming 7th-12th grade boys
- Cost: \$60
- July 18th-19th
- Location: TBA
- Time: TBA
- Hosted by COLLEGE COACHES. This is a great opportunity for players to get coached by COLLEGE COACHES. They will focus on competing, skill development and game play.
- Daily Contest, Awards

Alex Sturtz 2nd Annual Basketball Camp

- Incoming 3rd-12th Grade Boys
- Sign up at: www.therestofitmatters.com
- Cost: \$80
- July 23rd-25th
- Location and Times: TBA
- Daily Contest, Awards
- Hosted by Former Boone High School and college basketball player Alex Sturtz and his college teammate and skills trainer Jackson Nicodemus.
- This is another great opportunity for players to get coached by COLLEGE COACHES. They will focus on competing, skill development and game play.