

Local Wellness Policy Progress Report

School Name: United Community School District

Wellness Policy Contact: Elyse Brimeyer, Principal

Date Completed: November 11, 2024. February 2025.

This tool is to document progress in meeting the goals written in the district’s wellness policy at each school building. Document steps that have or will be taken to accomplish each goal. In the “Contact Person” column identify the individual who can report on the goals’ progress. The items that are completed at the district level should be pre-filled to inform all school staff of the implementation status of those goals. Add more lines for goals as needed.

Nutrition Education and Promotion Goals

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. Nutrition education is offered at each grade level as part of a sequential, comprehensive, standards-based program designed to provide students with the knowledge and skills necessary to promote and protect their health.	Elyse Brimeyer, Principal Blair Hunter, Physical Education Teacher		X		Nutrition education is part of the science curriculum in each grade level. During the 2024-25 school year, our PE teacher has been providing SWITCH Wellness lessons as a Related Arts class to select grade-levels as a pilot program. SWITCH curricular resources come from our partnership with ISU Extension.	Explore additional lessons and activities that incorporate nutrition education into math, reading and social studies. Expand SWITCH Wellness lessons to additional grade-levels, K-6.

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
2. Nutrition education is part of not only health education classes, but also classroom instruction in all objects where appropriate.	Elyse Brimeyer, Principal Blair Hunter, Physical Education Teacher		X		Nutrition education is taught across elementary classrooms, but a concrete scope and sequence is not present outside of the health curriculum and the science curriculum. See above.	See above.

Physical Activity Goals

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. Physical Education is provided at all grade-levels.	Elyse Brimeyer, Principal	X			PE is a required state educational standard.	

Other School Based Activities Goals

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. Implement a Wellness program through self-insurance	Business Office Manager	X			Our school district offers an annual flu vaccine clinic	

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2. Employee Assistance Program	Business Office Manager	X			EAP is available to all staff, which includes support related to stress, depression, anxiety, job stress, work conflicts, etc.	

Standards and Nutrition Guidelines for All Foods and Beverages *Sold* to Students During the School Day (e.g. vending, school stores, etc.)

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. Not applicable						

Standards for All Foods and Beverages *Provided* (not sold) to Students During the School Day (e.g. class parties, foods given as reward, etc.)

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1.Snacks provided will make a positive contribution to the student’s diet	Elyse Brimeyer, Principal	X			Snack menu items for our Preschool Program were extensively reviewed during the fall semester 2024, a variety of snack and drink options are available	Snacks provided for 3 and 4-year-old preschool are overseen by our Preschool and Nutrition Services Departments. All snacks meet snack meal patterns and are fully imbedded in the curriculum.

Polices for Food and Beverage Marketing

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of	List next steps that will be taken to fully implement and/or expand on goal.
1. Food and beverages offered or sold at school sponsored events outside of the school day are encouraged but not required to meet nutritional standards.	Elyse Brimeyer, Principal	X			A variety of drink, food, and snack options are available	

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