February 2024

| SUN | MON | TUE | WED | THU | FRI | SAT |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 29 | 30 | 31 | 1 | 2 | 3 |
| Menu is subject to change. <br> Daily Milk Choices: 1\% White 1\% Chocolate | Omelet / Fruit <br> Breaded Pork <br> Patty on a Bun <br> Tater Gems (GF) <br> Baby Carrots <br> Rosy Applesauce | French Toast with Syrup / Fruit <br> Chicken Fajitas Baked Rice Pilaf Steamed Peas Baby Carrots Apples Oatmeal Choc Chip Cookie | Breakfast Pizza / Fruit <br> Cowboy Cavatini Cottage Cheese Sweet Corn Pears Breadstick Jell-O | French Toast with Syrup / Fruit <br> Teriyaki Dippers Baked Rice Pilaf Green Beans / Pepper Strips Mandarin Oranges <br> Bread \& Butter | Apple Bite Donut / Fruit <br> Spaghetti \& Meatballs Steamed Broccolli Peaches Blueberry Buckle | Daily breakfast option: <br> Cereal and WG Toast Breakfast served with juice and milk |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
|  | Biscuit and Gravy / Fruit <br> Chicken Nuggets Mashed Potatoes Chick Gravy Arkansas Green Beans Mixed Fruit Bread \& Butter | Donut / Fruit <br> Crispitos Baby Carrots Sweet Corn Apple Snickerdoodle Cookie | Breakfast Pizza / Fruit <br> Pigs in a Blanket Cheesy Potato Casserole Fresh Broccoli Peaches | French Toast with Syrup / Fruit <br> BBQ Rib on a Bun <br> Baked Beans Mixed Greens Salad Oranges | Blueberry Muffin / <br> Fruit <br> Creamed Chicken Biscuit <br> Steam Peas and Carrots Banana Jell-O Cake |  |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
|  | Omelet \& Sausage Links / Fruit <br> BBQ Pulled Pork on a Bun Baked Beans Onion Rings Rosy Applesauce | Donut / Fruit <br> Soft Shell Taco Refried Beans Sweet Corn Peaches Frosted Brownie | Breakfast Pizza / <br> Fruit <br> Sea Shapes Cole Slaw Fresh Broccoli Fruit Cocktail Homemade Roll | French Toast with Syrup / Fruit <br> Cheeseburger Soup Crackers Fresh Vegetables Pears Breadstick | Apple Bite Donut / Fruit <br> Homemade Cheese Pizza Mixed Vegetables Mixed Greens Salad Oranges Sno Ball Cookie |  |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
|  | Donut / Fruit <br> Chicken Alfredo Fresh Broccoli Mixed Greens Salad Mandarin Oranges Breadstick | Blueberry Muffin / Fruit Turkey Gravy Mashed Potatoes Carrots Bread or Dressing Apple Sugar Cookie | Cinnamon Roll / Fruit <br> Chicken Noodle Soup Fresh Vegetables Peaches Crackers <br> Bread \& Butter | Strawberry Boli / Fruit <br> Corn Dog Baked Beans Mixed Greens Salad Pears | Breakfast Sandwich / Fruit <br> Macaroni and Cheese Steamed Peas Banana Bread \& Butter Marble Square |  |
| 25 | 26 | 27 | 28 | 29 |  |  |
|  | Biscuit and Gravy / Fruit Chicken Sandwich Mashed Potatoes Chicken Gravy Mixed Vegetables Rosy Applesauce | Breakfast Casserole / Fruit Chili Crackers Fresh Vegetables Chilled Peaches Cinnamon Roll | Pancakes / Fruit <br> Sub Sandwich French Fries Baby Carrots Fresh Citrus Fruit Cup | Breakfast Sandwich / Fruit <br> Pizza Dippers Marinara Sauce Sweet Corn Mixed Greens Salad Fruit Cocktail |  | Application for Free/Reduced Meals is available at unitedcomets.org/ district/nutrition/ or in the District Office |

NOTICE: The data contained within this report and the NUTRIKIDS ${ }^{\circledR}$ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

This institution is an equal opportunity provider.

