

Local Wellness Policy Progress Report

School Name: *United Com. School* Wellness Contact Name/E-mail: *Lori Good*
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This tool is to document progress in meeting the goals written in the district's wellness policy at each school building. Document steps that have or will be taken to accomplish each goal. In the "Contact Person" column identify the individual who can report on the goal's progress. The items that are completed at the district level should be pre-filled to inform all school staff of the implementation status of those goals.

District Wellness Policy Goals <i>(add more lines for goals as needed)</i>	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
Nutrition Education and Promotion Goals						
1. EXAMPLE: Nutrition education is offered at each grade level as part of a sequential, comprehensive, standards-based program designed to provide students with the knowledge and skills necessary to promote and protect their health.	Cindy Smith (Curriculum Director)	X			Nutrition education is part of the science curriculum in each grade level.	Explore additional lessons and activities that incorporate nutrition education into math, reading and social studies.
2. Nutrition staff promotes healthy eating & nutrition education with signage, bulletin boards, posters, etc.	Lori Good Food Service Director	X			Nutrition staff have added breakfast signage as well as prep area for students to try new foods.	Taste testing with students to try new foods, prep area for students.
3. Nutrition education is offered at each grade level as part of a sequential, comprehensive program to provide students with knowledge and skills necessary to promote and protect their health.	Tim Salmon Administration	X			Nutrition education is included in class-room instruction in all subjects where appropriate.	Continue to explore new lessons & activities to incorporate in all subjects.
Physical Activity Goals						
1. The district provides physical education to all students K-6 the entire school year as taught by a certified phys. ed teacher.	MIKEL HANSEN Phys. Ed Teacher	X			Following the goal of Phys. Ed Dept. through standards, benchmarks, objectives of program.	To continue to enhance the Phys. Ed Program with age appropriate activities.
2. The district provides additional opportunities for phys. activity for our students.	Lori Good Food Service Director	X			Mileage Club walking programs to K-6 students in the Spring.	The SWITC Program thru IOLU was offered for 17-18 school year to 5th graders.
3. Teachers & staff are prohibited from withholding phys. activity such as recess, phys. ed, as a punishment.	Tim Salmon Administration	X			This goal is stated in our Wellness Policy & the Staff Handbook.	Teachers use Phys. activity as a reward for students, such as extra recess, basketball in gym.

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Other School Based Activities Goals						
1. United has a District Wellness Committee comprised of staff, parents, health professionals.	Lori Good Food Service Director		X		A black board message to parents staff (email) to invite on our website. We do activities in and out of school for staff such as providing a snack once a month.	AT OUR QNP adminstrative reviews (2/24-3/1) we were encouraged to have district wellness committees.
2. United has a staff wellness committee that provides activities for staff.	Lori Good Food Service Director	X			Our student staff have the opportunity to participate in the "Switch" program.	Our wellness committee would like to find more activities that appeal to a larger group of staff.
3. United provides physical activity beyond recess & physical education.	Lori Good School Nurse	X			The only vending machine is located in the feed room lounge.	There is no plan at this time to provide vending machines for our student population.
Standards and Nutrition Guidelines for All Foods and Beverages Sold to Students During the School Day (e.g. vending school stores, etc.)						
1. United students do not have access to any vending machines during the school day.	Lori Good Food Service Director	X			The nutrition staff have been trained in the guidelines of the national school nutrition program.	The nutrition staff will continue to have the nutrition staff stay current on the nutrition standards.
2. School meals served through the National School Lunch Program meet federal nutrition requirements.	Lori Good Food Service Director	X			The Nutrition Program has a HACCP (Hazard Analysis & Critical Control Points) in place.	The Nutrition staff will update review their HACCP plan guidelines as needed.
Standards for All Foods and Beverages Provided (not sold) to Students During the School Day (e.g. class parties, foods given as reward, etc.)						
1. The district wellness committee has implemented snacks for the Fall, Winter, & Spring class parties.	Lori Good Food Service Director.	X			The snacks are from the USDA Smart Snacks program & are ordered through the district nutrition program.	The district also orders snacks for kindergarten through the district nutrition program.
2. The district has a policy in place for birthday parties that requires non-food items can be shared with classmates.	Lori Good Food Service Director	X			The district has a nutrition program where parents/guardians are given ideas for non-food items.	Continue to encourage non-food rewards such as pushing a book for the classroom.
Policies for Food and Beverage Marketing						
1. School-based marketing will be consistent with state & federal guidelines, nutrition education, health promotion.	Lori Good Food Service Director	X			All food marketed in the school lunchroom meets guidelines of the National School Lunch Program Smart Snacks guidelines.	The Nutrition staff will be diligent about making sure all marketing is consistent with the guidelines.
2. To promote healthy foods including fruit & vegetables, whole grains, low-fat dairy products.	Lori Good Food Service Director	X			Offer Versus Serve followed in grades K-6.	To continue to encourage students to make healthy choices.