

# November 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><i>MENU IS SUBJECT TO CHANGE</i></p> <p><i>BREAKFAST IS SERVED WITH JUICE AND MILK</i></p> <p><i>LUNCH IS SERVED WITH MILK</i></p>				1	2	3
				<p>WG French Toast Sticks Fruit</p> <p>Mandarin Orange Chicken Asian Style Vegetables Brown Rice Mandarin Oranges</p>	<p>WG Donut Holes Yogurt/Fruit</p> <p>WG Ham &amp; Cheese Sub Baby Carrots Celery Sticks Applesauce</p>	
4	5	6	7	8	9	10
	<p>WG Cereal/WG Toast Fruit</p> <p>Breaded Chicken Leg Cheesy Potatoes Baked Beans Diced Peaches</p>	<p>WG Breakfast Pizza Fruit</p> <p>WG Enchilada Tossed Salad Cowboy Corn Salad Mandarin Oranges</p>	<p>WG Poptart Yogurt/Fruit</p> <p>Cheese Omelet Hash Brown Celery Sticks WG Muffin Orange Juice</p>	<p>Pancake on a Stick Fruit</p> <p>Lasagna Roll Up Baby Carrots Cucumber Slices Banana</p>	<p>WG Mini Cinni Yogurt</p> <p>Garlic Cheese French Bread Caesar Salad Cherry Tomatoes Diced Pears</p>	
11	12	13	14	15	16	17
	<p>WG Cereal/WG Toast Fruit</p> <p>Italian Chicken/WG Bun Tossed Salad Fresh Carrots Apple Slices</p>	<p>WG Breakfast Wrap Fruit</p> <p>WG Crispito Tortilla Chips Tomato Salsa Red &amp; Green Pepper Strips Pineapple</p>	<p>WG Muffin Yogurt/Fruit</p> <p>Thanksgiving Lunch Ham Mashed Potatoes/Gravy Corn Pumpkin Bar WG Roll</p>	<p>WG Mini Pancakes Sausage Patty/Fruit</p> <p>WG Corn Dog Fresh Broccoli Fresh Carrots Applesauce</p>	<b>No School</b>	
18	19	20	21	22	23	24
	<p>WG Cereal/WG Toast Fruit</p> <p>WG Cheese Sticks w/Marinara Sauce Garden Salad Baby Carrots Fruit Cocktail</p>	<p>Cheese Omelet Ham Patty/WG Toast Fruit</p> <p>WG Bean &amp; Cheese Burrito Corn w/Peppers Vegetable Choice Applesauce</p>	<p>Sausage, Egg &amp; Cheese Bar/Fruit</p> <p>WG Pancake Wrap Breakfast Potatoes Red &amp; Green Pepper Strips Apple Slices</p>	<b>No School</b>		
25	26	27	28	29	30	
	<p>WG Cereal/WG Toast Fruit</p> <p>Sloppy Joe/WG Bun Baked Beans Crinkle Fries Applesauce</p>	<p>Egg Patty, Ham Patty WG Toast/Fruit</p> <p>WG Nacho Bites Tomato Salsa Cucumber Slices Fresh Broccoli Pineapple</p>	<p>WG Cinnamon Toast Yogurt/Fruit</p> <p>Crunch Hawaiian Chicken Wrap Mixed Greens Salad Baby Carrots Fruit Cocktail</p>	<p>WG Mini Waffles Sausage Patty/Fruit</p> <p>WG Chicken Nuggets Sweet Potato Fries Mixed Veggies Fruit Choice</p>	<p>WG Long John Yogurt/Fruit</p> <p>WG Breaded Mozzarella Cheese Sticks Marinara Sauce Garden Salad Banana</p>	
						<p><b>**This Institution is an Equal Opportunity Provider**</b></p>

**Please Note: All meals include milk, fruit, vegetable, grain, and meat/meat alternate. Milk choice includes choice of non-fat (flavored or unflavored) or 1% (unflavored) milk. Reduced fat dressing is served with salads and fresh vegetables. All grain items are Whole Grain Rich**