

March 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><i>MENU IS SUBJECT TO CHANGE</i></p> <p><i>BREAKFAST IS SERVED WITH JUICE AND MILK</i></p> <p><i>LUNCH IS SERVED WITH MILK</i></p>					<p>1</p> <p>WG Mini Cinni Fruit</p> <p>One Fish, Two Fish Sticks Truffla Broccoli Trees Grinch Salad Whoville Apple Slices</p>	<p>2</p>
<p>3</p>	<p>4</p> <p>WG Cereal/WG Toast Fruit</p> <p>WG Breaded Pork Sandwich Tossed Salad Baked Beans Diced Pears</p>	<p>5</p> <p>WG Breakfast Wrap Fruit</p> <p>WG Crispy Tacos Dark Green Leaf Lettuce Diced Tomatoes Spanish Rice Pineapple</p>	<p>6</p> <p>WG Nutri Grain Bar Yogurt/Fruit</p> <p>Cheese Omelet Hash Brown Red & Green Pepper Strips WG Blueberry Muffin Apple Juice</p>	<p>7</p> <p>Sausage, Egg & Cheese Bar WG Toast/Fruit</p> <p>Chicken Nuggets Mashed Potatoes Mixed Veggies Diced Peaches</p>	<p>8</p> <p>WG Cherry or Apple Strudel Fruit</p> <p>WG French Bread Cheese Pizza Garden Salad Baby Carrots Banana</p>	<p>9</p>
<p>10</p>	<p>11</p> <p>WG Cereal/WG Toast Fruit</p> <p>WG Corn Dog Tator Tots Cucumber Slices Diced Peaches</p>	<p>12</p> <p>WG Mini Pancakes Sausage Links/Fruit</p> <p>Chicken Parmesan Green Beans Garden Salad Fruit Choice</p>	<p>13</p> <p>WG Granola Bar Yogurt/Fruit</p> <p>Mozzarella Cheese Sticks Marinara Sauce Corn Vegetable Choice Fruit Choice</p>	<p>14</p> <p>Egg & Sausage on WG Biscuit Fruit</p> <p>Ham & Cheese Sub WG Sun Chips Baby Carrots Celery Diced Pears</p>	<p>15</p> <p>No School</p>	<p>16</p>
<p>17</p>	<p>No School</p>	<p>No School</p>	<p>No School</p>	<p>No School</p>	<p>22</p> <p>No School</p>	<p>23</p>
<p>24</p>	<p>25</p> <p>WG Cereal/WG Toast Fruit</p> <p>Hamburger/WG Bun Tomato Slice Baked Beans Mandarin Oranges</p>	<p>26</p> <p>WG French Toast String Cheese/Fruit</p> <p>Walking Taco WG Doritos Dark Green Leaf Lettuce Diced Tomatoes Fruit Choice</p>	<p>27</p> <p>WG Muffin/Yogurt Fruit</p> <p>Sloppy Joes Tossed Salad Celery Sticks Pineapple</p>	<p>28</p> <p>WG Breakfast Pizza Fruit</p> <p>WG Beef Fingers Mashed Potatoes Baby Carrots Diced Pears</p>	<p>29</p> <p>WG Bagel w/Cream Cheese Yogurt/Fruit</p> <p>Shrimp Poppers Garden Salad Fresh Broccoli Fresh Fruit Choice</p>	<p>30</p>
<p>31</p> <p>Application for Free/Reduced Meals is available www.unitedcomets.org or in the district office</p>						<p>**This Institution is an Equal Opportunity Provider**</p>

Please Note: All meals include milk, fruit, vegetable, grain, and meat/meat alternate. Milk choice includes choice of non-fat (flavored or unflavored) or 1% (unflavored) milk. Reduced fat dressing is served with salads and fresh vegetables. All grain items are Whole Grain Rich