

# April 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>MENU IS SUBJECT TO CHANGE</b></p> <p><b>BREAKFAST IS SERVED WITH JUICE AND MILK</b></p> <p><b>LUNCH IS SERVED WITH MILK</b></p>	<p><b>1</b></p> <p>WG Cereal/WG Toast Fruit</p> <p>Pork Rib/WG Bun Corn Tossed Salad Raisins</p>	<p><b>2</b></p> <p>WG Waffles/Ham Patty Fruit</p> <p>WG Chicken Quesadilla Refried Beans Tomato Salsa Diced Peaches</p>	<p><b>3</b></p> <p>WG Granola Bar Yogurt/Fruit</p> <p>Pancake on a Stick Breakfast Potatoes Celery Sticks WG Muffin Orange Juice</p>	<p><b>4</b></p> <p>Cheese Omelet WG Toast/Fruit</p> <p>WG Grilled Cheese Tomato Soup Red &amp; Green Pepper Strips Applesauce</p>	<p><b>5</b></p> <p>WG Mini Cinni Yogurt/Fruit</p> <p>WG Cheese Pizza Fresh Broccoli Green Beans Fresh Kiwi</p>	<p><b>6</b></p>
<p><b>7</b></p>	<p><b>8</b></p> <p>WG Cereal/WG Toast Fruit</p> <p>Pulled Pork Sandwich Smiley Fries Baked Beans Diced Pears</p>	<p><b>9</b></p> <p>WG Mini Pancakes Sausage Links/Fruit</p> <p>WG Bean &amp; Cheese Burrito Tomato Salsa Tex Mex Salad Diced Peaches</p>	<p><b>10</b></p> <p>WG Mini Long John Yogurt/Fruit</p> <p>Lasagna Roll-Ups Green Beans Garden Salad WG Garlic Bread Mixed Fruit</p>	<p><b>11</b></p> <p>WG Breakfast Wrap Fruit</p> <p>WG Chicken Patty/WG Bun Caesar Salad Baby Carrots Fruit Choice</p>	<p><b>12</b></p> <p>WG Cherry or Apple Strudel Fruit</p> <p>WG Breaded Fish Sticks Creamy Coleslaw Baby Carrots Fresh Fruit</p>	<p><b>13</b></p>
<p><b>14</b></p>	<p><b>15</b></p> <p>WG Cereal/WG Toast Fruit</p> <p>Cheddarwurst/WG Bun Garden Salad Baby Carrots Mixed Fruit</p>	<p><b>16</b></p> <p>WG Breakfast Pizza Fruit</p> <p>WG Crispito WG Tortilla Chips Tomato Salsa Red &amp; Green Pepper Strips Pineapple</p>	<p><b>17</b></p> <p>WG Cereal Bar Yogurt/Fruit</p> <p>Italian Chicken/WG Bun Cucumber Slices Mixed Greens Salad Fresh Grapes</p>	<p><b>18</b></p> <p>WG French Toast Sticks Fruit</p> <p>WG Breaded Cheese Sticks Garden Salad Baby Carrots Fresh Citrus Fruit Cup</p>	<p><b>19</b></p> <p><b>No School</b></p>	<p><b>20</b></p>
<p><b>21</b></p>	<p><b>22</b></p> <p>WG Cereal/WG Toast Fruit</p> <p>WG Breaded Pork/WG Bun Baby Carrots Garden Salad Diced Pears</p>	<p><b>23</b></p> <p>WG Sausage, Egg, Cheese Combo Bar WG Toast/Fruit</p> <p>Taco Salad WG Tortilla Chips Dark Green Leaf Lettuce Diced Tomatoes Fruit Choice</p>	<p><b>24</b></p> <p>WG Granola Bar Yogurt/Fruit</p> <p>Pig in a Blanket Crinkle Fries Baked Beans Diced Peaches</p>	<p><b>25</b></p> <p>WG Pancake on a Stick Fruit</p> <p>Orange Chicken Asian Stir Fry Vegetables Brown Rice Pineapple</p>	<p><b>26</b></p> <p>WG Donut Holes Yogurt/Fruit</p> <p>WG Pepperoni Pizza Baby Carrots Fresh Broccoli Banana</p>	<p><b>27</b></p>
<p><b>28</b></p>	<p><b>29</b></p> <p>WG Cereal/WG Toast Fruit</p> <p>WG Chicken Fried Steak/WG Bun Cheesy Potatoes Tossed Salad Mandarin Oranges</p>	<p><b>30</b></p> <p>Sausage Patty &amp; Egg on WG Biscuit/Fruit</p> <p>Grilled Chicken Fajita Red &amp; Green Pepper Strips Refried Beans Raisins</p>				
<p>Application for Free/Reduced Meals is available <a href="http://www.unitedcomets.org">www.unitedcomets.org</a> or in the district office</p>						<p><b>**This Institution is an Equal Opportunity Provider**</b></p>

**Please Note: All meals include milk, fruit, vegetable, grain, and meat/meat alternate. Milk choice includes choice of non-fat (flavored or unflavored) or 1% (unflavored) milk. Reduced fat dressing is served with salads and fresh vegetables. All grain items are Whole Grain Rich**